Del Norte Indian Education Center Newsletter October–December 2019



Welcome back Del Norte Indian Education Center students!

TOP TEN STUDY TIPS:

Getting back to school after the summer vacation is sometimes difficult. It is a good idea to develop study habits that will allow you to plan your day and be succesful in your studies. There are ten top study tips a student can use to be succesful in school. There is a link provided below for those students and parents who have access to a computer. For those students who are receiving a hard copy of our newsletter, the study tips have been reprinted in this newletter.

- 1. Pick a good place and time to study
- 2. Study every day
- 3. Plan your time
- 4. Discover your learning style.
- 5. Review and revise
- 6. Take breaks
- 7. Ask for help
- 8. Stay motiviated
- 9. App it up
- 10. Look after yourself

Retrieved from: (<u>https://www.youthcentral.vic.gov.au/study-and-training/help-with-study/how-to-study-better/top-10-study-tips</u>).

Staff Directory for Del Norte Indian Education Center 888 4 Street Crescent City, CA 95531

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2019–2020 Program Activities:

This year NCIDC Education Center will be providing tutorial services at the following school sites: Joe Hamilton Elementary school on Tuesdays and Thursdays from 8:00 a.m. to 12:00 p.m. The education center is open from 1:00 p.m. to 5:00 p.m. on Wednesday and 2:00 p.m. to 5:00 p.m. on Monday, Tuesday and Thursday.

The education center continues to offer language arts activities, reading services, computer labs and iPads and other technologies to support STEM homework in mathematics and science-based projects. Students will have the opportunity to create youth videos from three different grade levels: 3-4, 5-6 and 7-8 grade.

High school students will have an opportunity later in the year to participate in career and job training planning. Workshops will allow high school students to learn how to write a resume and cover letter, participate in mock interviews, write a short paper on future career interest and have the opportunity to explore health careers in rural areas. Computer labs will be available for students as well as referrals and follow-up with assistance if requested.

A men and youth male cultural exchange group will meet one day for three hours per week for twelve weeks. A women's and females' youth cultural exchange group will meet one day per week for three hours for twelve weeks.

TUPE (Tobacco Use Prevention Education)

Center staff will continue to provide Tobacco Use Prevention Education at the center. There will be educational information on smoking and vaping dangers, second and third hand smoke and prevention and the influence of advertising by tobacco companies. Diversion, intervention and/or cessation services will continue this year to American Indian students or through referral. The center will continue to provide quit kits and tabling of pamphlets on quitting tobacco and vaping. Sacred tobacco will continue to be an important educational topic for American Indian students.



TITLE VI AMERICAN INDIAN EDUCATION 2019-2020 Meeting Dates

(Please note meeting titles)

DATE	TIME	MEETING TITLE	LOCATION
11-12-19	5:30pm-6:30pm	AIEPC	Crescent Elk Middle School rm 25
12-10-19	5:30pm-6:30pm	Boosters	Crescent Elk Middle School rm 25
1-14-20	5:30pm-6:30pm	AIEPC	тва
2-11-20	5:30pm-6:30pm	Boosters	Crescent Elk Middle School rm 25
3-10-20	5:30pm-6:30pm	AIEPC	тва
4-14-20	5:30pm-6:30pm	Boosters	Crescent Elk Middle School rm 25
5-12-20	5:30pm-6:30pm	AIEPC	TBA
6-9-20	5:30pm-6:30pm	Boosters	Crescent Elk Middle School rm 25

American Indian Education Parent Committee: Review & approve Grant application to include goals and objectives, receive updates on program outcomes, student data reports, etc.

American Indian Education Parent Boosters: Event Planning, fundraising, scholarships etc.

For more information, call 707-464-0724 or email jloftin@dnusd.org