

Summer Program Reflections



DNIEC Garden

DNIEC Students grew an array of fruits and vegetables over the Summer. They grew some plants from seed and also transplanted starts donated by United Indian Health Services. The plants included cucumber, Summer squash, zucchini squash, cherry tomatoes, carrots, parsley, and strawberries. Students harvested the fruits and veggies, prepared snacks with them, and shared some with their families.



Native Plant Walk

DNIEC Summer Program students went on a Native Plant Walk at the Tolowa Dunes State Park, lead by the Tolowa Dee-ni' Nation. DNIEC students each received a culturally important plant identification guide and field journal to help them document their findings. Students also learned the Native names of plants.



Champions for Change

Del Norte County Department of Health gave two presentations to the DNIEC Summer Program students. They prepared a healthy snack with the students and also brought the "Smoothie Bike." Students took turns peddling a stationary bike with a smoothie machine attached to it. Afterward, the students enjoyed the fruits of their labor-- delicious, nutritious smoothies!

