



DEL NORTE INDIAN EDUCATION CENTER

NORTHERN CALIFORNIA
INDIAN DEVELOPMENT
COUNCIL



Miniature Garden Success

***DNIEC Promotes Health and STEAM with
Herb Gardens***

Inside the September 2020 Issue:

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- **Wild Rivers Community Foundation Mini Grant Award**

To encourage healthy food choices and also meet our STEAM (Science/Technology/Engineering/Arts/Math) AIEC grant deliverable during shelter-in-place, DNIEC students grew two types of herbs and flowers in their planters. Each child received a kit with directions and all necessary materials including 1 rectangular planter, 1.5 gallons of potting soil in a zip lock bag two packs of two types of herbs, and a pack of flower seeds.

Students learned about the anatomy of the seed and lifecycle of a plant through literature with illustrations included with their kit. Students took pictures of their mini gardens periodically to capture the growth of their plants from start to finish. DNIEC will continue gardening in an outside garden at the education center, where they will plant this winter.

DNIEC'S ONLINE CULTURAL PRESENTATION SERIES

DNIEC's Cultural Consultants Shared Their Knowledge Online

NCIDC Del Norte Indian Education Center's in-person cultural groups were canceled due to COVID-19 restrictions. Instead, NCIDC began sharing online cultural presentations as a form of cultural enrichment. The presentations were funded by the American Indian Education Center grant from the California Department of Education.

Online cultural presentations included the following topics and activities: Tolowa Dressmaking, Traditional Tolowa Plant Food Gathering and Processing, Karuk Basket Weaving, Yurok Basket Material Gathering and Processing, Yurok Square Drum Demonstration, Yurok Stick Games, Yurok Eeling, and a Blackberry Jelly Cooking Demonstration. Our presentation videos reached thousands of people online via our Facebook page and YouTube channel.

DNIEC would like to thank the Tolowa Dee-ni' Nation for the generous donation of elk meat for a cooking demonstration and the Yurok Food Distribution Program for the vegetable donations.



DNIEC Awarded Mini Grant From Wild Rivers Community Foundation

NCIDC Del Norte Indian Education Center's was awarded the 2020 Youth Summer Mini Grant by the Wild Rivers Community Foundation. Since the DNIEC was closed this summer, due to COVID-19 safety precautions, the funding will instead be used for our Tobacco Use Prevention Education Program (TUPE).

With vaping on the rise among youth, DNIEC is currently focusing on the dangers of e-cigarette use. DNIEC's TUPE program is also sharing the dangers how commercial tobacco use increases the chances of contracting the COVID-19 virus, as tobacco use weakens one's immune system and lungs.



**For more information about DNIEC, please contact:
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